Length :3 daysLocation :On customer's premisesDates :To be defined

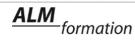
Who is this training for : Everyone who needs to read large amounts

The workshop is designed for non-native speakers of English who wish to improve their skills in reading English-language texts, to develop their personal potential in terms of both quantity (speed, volume read) and quality, and to better manage their academic workload.

The 3-day program consists of:

- A look at your individual reading habits and representations
- Analysis of reading as process (mechanisms and strategies)
- Practical, progressive, measurable exercises designed to foster long-lasting improvement in reading skills in terms of: speeds comprehension retention
 Individual assessment and progress tracking in gaining speed
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- Consideration of specific features of reading: English language scientific texts
- Discussion of the specific objectives of reading and learning for doctoral students writing au thesis
- Examination of principles and strategies for managing your reading load (handling texts, time management...)
- Study of memory and retention, including a review of note-taking methods
- Establishing personal goals

Our recommendation : The speed reading tutorial is ideally complemented by the following tutorials : <u>Time Management</u> and <u>Knowing and Developing your memory</u>



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